

Weekly Reading – One Card

Date: _____ Card: _____

1. What do you see? (colours, people, animals, landscape, symbols...)

2. Describe the card in terms of emotion. What do you feel when you look at it? (glad, sad, angry, apprehensive, expectant, ...)

3. What are your plans for the week ahead? How do you feel this card relates to your planned activities?

4. What is this card encouraging you to do? What is it warning you about?

5. What possible unexpected issues is this card suggesting you need to be aware of?
